

ARIZONA WESTERN COLLEGE
SYLLABUS

PER 146 JUDO 2

Credit Hours: 2 Lec 1 Lab 2

PREREQUISITE: PER 145

COURSE DESCRIPTION

Introduction to the advanced skills of Judo for use in sport, self-defense and physical conditioning. A selection of advanced Judo techniques, plus Japanese vocabulary will be introduced. CR/NC

1. COURSE GOAL

This course prepares the student to develop advanced physical and mental skills necessary to utilize Judo as a program of physical conditioning, self defense or for competitive Judo.

2. OUTCOMES

Upon satisfactory completion of this course, students will be able to:

- 2.1 physically demonstrate throwing techniques (Nage Waza), choking techniques (Shime Waza), Gripping techniques (Kumi Kata), and groundwork techniques (Katame Waza) to the instructor(s) at an orange belt (Gokyu) or higher competency level as recognized by the United States Judo Association (USJA).
- 2.2 demonstrate orally or on a written test to the instructor advanced knowledge of Judo history, and Japanese vocabulary to a minimum acceptance level of 70%.

3. METHODS OF INSTRUCTION

- 3.1 Lecture/demonstration
- 3.2 Video tape analysis of Judo and self-defense techniques
- 3.3 Guest lecturer
- 3.4 Field trips

4. LEARNING ACTIVITIES

- 4.1 Demonstration of techniques by the student with correction by the instructor
- 4.2 Written/oral quizzes on Japanese vocabulary and Judo terminology
- 4.3 Critique and video analysis of judo competition of the student

5. EVALUATION

- 5.1 Exams
- 5.2 Quizzes
- 5.3 Participation

6. STUDENT RESPONSIBILITIES

- 6.1 Under AWC Policy, students are expected to attend every session of class in which they are enrolled.
- 6.2 If a student is unable to attend the course or must drop the course for any reason, it will be the responsibility of the student to withdraw from the course. Students who are not attending as of the 45th day of the course may be withdrawn by the instructor. If the student does not withdraw from the course and fails to complete the requirements of the course, the student will receive a failing grade.
- 6.3 Americans with Disabilities Act Accommodations: Arizona Western College provides academic accommodations to students with disabilities through AccessABILITY Resource Services (ARS). ARS provides reasonable and appropriate accommodations to students who have documented disabilities. It is the responsibility of the student to make the ARS Coordinator aware of the need

for accommodations in the classroom prior to the beginning of the semester. Students should follow up with their instructors once the semester begins. To make an appointment call the ARS front desk at (928) 344-7674 or ARS Coordinator at (928) 344-7629, in the College Community Center (3C) building, next to Advising.

- 6.4 Academic Integrity: Any student participating in acts of academic dishonesty—including, but not limited to, copying the work of other students, using unauthorized “crib notes”, plagiarism, stealing tests, or forging an instructor’s signature—will be subject to the procedures and consequences outlined in AWC’s Student Code of Conduct.
- 6.5 Texts and Notebooks: Students are required to obtain the class materials for the course.
- 6.6 Arizona Western College students are expected to attend every class session in which they are enrolled. To comply with Federal Financial Aid regulations (34 CFR 668.21), Arizona Western College (AWC) has established an Attendance Verification process for “No Show” reporting during the first 10 days of each semester.
- Students who have enrolled but have never attended class may be issued a “No Show” (NS) grade by the professor or instructor and receive a final grade of “NS” on their official academic record. An NS grade may result in a student losing their federal financial aid.
- For online classes, *student attendance in an online class is defined as the following* (FSA Handbook, 2012, 5-90):
- Submitting an academic assignment
 - Taking an exam, an interactive tutorial or computer-assisted instruction
 - Attending a study group that is assigned by the school
 - Participating in an online discussion about academic matters
 - Initiating contact with a faculty member to ask a question about the academic subject studied in the course