



JUNE 1, 2024 - MAY 31, 2025

# WELLNESS YOUR WAY

Earn a **\$240 Wellness Incentive** by completing the **2 Steps** below.

## COMPLETE 2 EASY STEPS

1

### Step 1

*ALL components need to be completed & submitted within the program dates to qualify.*

- Complete the Healthcare Provider Verification Form
- Complete an Annual Physical Exam & Lab Results

2

### Step 2 - Complete 1 of the 5 Activities

*Provided on the Activity Checklist*

- Non-Tobacco User Affidavit
- Attend 3 Wellness Webinars (Live or Recorded)
- Participate in 3 Health Coaching Sessions
- Submit Receipts for Gym Equipment/Memberships
- Complete any 2 Wellness Challenges

Need help or have questions?  
Contact the Wellness Council of Arizona



(520) 293-3369



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