

ARIZONA WESTERN COLLEGE
SYLLABUS

AHE 264 HEALING TOUCH LEVEL 1

Credit Hours: 2 Lec: 1 Lab: .5 Clinical: 1.5

Prerequisite: None

Course Description

Healing Touch Level 1 Healing Touch is an energy based therapeutic approach to healing. This therapy uses touch to influence the energy system, thus affecting physical, emotional, mental and spiritual health and healing. The goal of Healing Touch is to restore harmony and balance in the energy system.

1. COURSE GOAL

Learn Healing Touch Energy Therapy to be used in a home or clinical setting

2. OUTCOMES

Upon satisfactory completion of this course students will be able to:

- 2.1 describe the energy fields and energy centers as two aspects of the human energy system that are related to physical, emotional, mental and spiritual health.
- 2.2 discuss Major Concepts and principals that guide the practice of healing touch.
- 2.3 identify and administer the seven steps of the basic healing touch sequence.
- 2.4 demonstrate specific intervention techniques used in healing touch.
- 2.5 describe when to apply various healing touch interventions.
- 2.6 discuss basic principles of ethics when using healing touch with another person.

3. METHODS OF INSTRUCTION

- 3.1 Lecture
- 3.2 Observation
- 3.3 Demonstration
- 3.4 Return demonstration

4. LEARNING ACTIVITIES

- 4.1 Individual skills demonstration
- 4.2 Paired skills demonstration
- 4.3 Group activities

5. EVALUATION

- 5.1 Class participation
- 5.2 Competencies
- 5.3 Grading system

6. STUDENT RESPONSIBILITIES

- 6.1 Under AWC Policy, students are expected to attend every session of class in which they are enrolled.
- 6.2 Americans with Disabilities Act Accommodations: Arizona Western College provides academic accommodations to students with disabilities through AccessABILITY Resource Services (ARS). ARS provides reasonable and appropriate accommodations to students who have documented disabilities. It is the responsibility of the student to make the ARS Coordinator aware of the need for accommodations in the classroom prior to the beginning of the semester. Students should follow up with their instructors once the semester begins. To make an appointment call the ARS front desk at (928) 344-7674 or ARS Coordinator at (928) 344-7629, in the College Community Center (3C) building, next to Advising.
- 6.3 Academic Integrity: Any student participating in acts of academic dishonesty—including, but not limited to, copying the work of other students, using unauthorized “crib notes”, plagiarism, stealing tests, or forging an instructor’s signature—will be subject to the procedures and consequences outlined in AWC’s Student Code of Conduct.
- 6.4 Texts and Notebooks: Students are required to obtain the class materials for the course.
- 6.5 Arizona Western College students are expected to attend every class session in which they are enrolled. To comply with Federal Financial Aid regulations (34 CFR 668.21), Arizona Western College (AWC) has established an Attendance Verification process for “No Show” reporting during the first 10 days of each semester. Students who have enrolled but have never attended class may be issued a “No Show” (NS) grade by the professor or instructor and receive a final grade of “NS” on their official academic record. An NS grade may result in a student losing their federal financial aid.
For online classes, *student attendance in an online class is defined as the following* (FSA Handbook, 2012, 5-90):
 - Submitting an academic assignment
 - Taking an exam, an interactive tutorial or computer-assisted instruction
 - Attending a study group that is assigned by the school
 - Participating in an online discussion about academic matters
 - Initiating contact with a faculty member to ask a question about the academic subject studied in the course