



To Schedule an Appointment with an Academic Advisor call 928-782-1914 or email thodges@arizona.edu
 (This plan including footnotes meets AWC Exercise, Wellness and Nutrition degree)

Nutritional Sciences - Dietetics Emphasis

2023 - 2024

Year One			
Fall - Semester One			
Course	Title	Units	Complete
ENG 101	Freshman Composition I	3	
MAT 151~	College Algebra	4	
PSY 101	Intro to Psychology	3	
	choose from Arts category in the AGEC list	3	
EXW 100	Health & Wellness	3	
Total		16	
Spring - Semester Two			
Course	Title	Units	Complete
ENG 102	Freshman Composition II	3	
AGEC humanities (PHI105 rec)	choose off AGEC humanities list. Intro to Ethics recommended	3	
BIO 181	General Biology I	4	
EXW101	Concepts of Kinesiology	3	
EXW212	Exercise Science	3	
		16	
Summer After			
Course	Title	Units	Complete
CHM151*	General Chemistry I	4	
FAS238	Human Development	3	
Total		7	
Total Year 1 Credits		39	

Year Two			
Fall - Semester Three			
Course	Title	Units	Complete
CHM 152~*	General Chemistry II	4	
BIO 201~	Anatomy & Physiology I	4	
MAT270	Statistics	4	
NTR201~	Nutritional Sciences	3	
Total		16	
Spring - Semester Four			
Course	Title	Units	Complete
SPC215	Public Speaking	3	
EXW or PEM	choose 9 credits from departmental requirements course list	9	
BIO 202~	Anatomy & Physiology II	4	
Total		16	
Total Year 2 Credits		32	
<p>** Second language proficiency is required for UA NSC major. Can be satisfied with CLEP or SPA/FRE/GER 102 etc.</p> <p>*Course serves as UA major requirement, completion not required for AA degree.</p> <p>~ Prerequisite courses for entry into UA program – MUST have 3.0 GPA, NTR201 must have B or higher</p>			

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Year Three			
Fall - Semester Five			
Course	Title	Units	Complete
CHEM 241A	Organic Chemistry	3	
NSC 308	Nutrition & Metabolism	3	
NSC 225 (Y)	Foundational Skills (7W1)	2	
NSC 396A	Survey of Careers (7W2)	1	
NSC 395A	Experimental Learning	2	
NSC 351R (Y)	Fundamentals of Food Science	3	
NSC 351L (Y)	Food Science Lab	1	
ASM 195	Colloquium	1	
Total		16	
Spring - Semester Six			
Course	Title	Units	Complete
NSC 260 (Y odd)	Nutrition Communication	3	
NSC 358R (Y)	Institutional Food Mgt	2	
NSC 358L	Institutional Food Mgt Lab	1	
NSC 325 (Y)	Foundations in MNT	4	
NSC 325L (Y)	MNT Lab	1	
NSC 497F	Comm./School Gardening	3	
AGTM 391	Preceptorship	1	
Total		15	
Summer After			
Course	Title	Units	Complete
BIOC 384	Foundations in Biochemistry	3	
BIOC 385	Metabolic Biochemistry	3	
Total		6	

Total Year 3 Credits	37
Total year 4 Credits	33

Year Four			
Fall - Semester Seven			
Course	Title	Units	Complete
NSC 301	Nutrition and the Life Cycle	3	
NSC 458 (Y)	Food Service Org. & Mgt.	3	
NSC 425 (Y)	MNT I	4	
NSC 495A	Dietic Internship Prep Work - Shop	1	
NSC 351L (Y)	Food Science Lab	1	
NSC 395B	Culinary Medicine	3	
NSC 497B	MNT Workshop	1	
Total		16	
Spring - Semester Eight			
Course	Title	Units	Complete
MIC 205 A&L	Microbiology	4	
NSC 435 (Y)	MNT II	4	
NSC 444 (Y even)	Community Nutrition	3	
NSC 420	Counseling & Education	2	
NSC 408	Nutritional Biology	3	
NSC 492	Directed Research	1	
Total		17	

AA in Exercise Wellness (min)	60
BS Degree (min)	120

(Y) section meets in-person in Yuma

Experiential Learning Courses included in SOPA– talk to your advisor about earning a minor