



# Online Academic Restart Workshop

**Arizona Western College**

**Career & Advisement Services**

# Welcome to the workshop!

This workshop provides important information on how to improve your grades at AWC. We want to help you achieve your academic goals!







## So you're on Academic Probation?

- Know that you **can** come back from Academic Probation.
- Many students have changed their study habits or overcome obstacles to achieve academic success. It **is** possible to improve your academic standing and go on to graduate.

# What is Academic Standing?

AWC has four general categories of Academic Standing:

## **Good Standing**

- When a student's cumulative GPA is 2.0 or higher.

## **Academic Warning**

- When a student's cumulative GPA falls under a 2.0.

## **Academic Probation**

- When a student on Academic Warning fails to maintain at least a 2.0 cumulative GPA.

## **Continued Academic Probation**

- When a student on Academic Probation fails to maintain at least a 2.0 semester GPA. Student will be required to follow Academic Probation Requirements.

**Our goal is to return you to Good Academic Standing!!**





# Academic Probation Requirements

- 1. Develop an Academic Improvement Plan and sign an Educational Contract with a Career and Academic Advisor.**
- 2. Meet with a Career and Academic Advisor at least three times during the semester.**
- 3. Attend designated workshop-information will be provided upon availability.**

**A student on Academic Probation will not be permitted to enroll in more than:**

- 12 credits each semester (Fall/Spring)**
- 6 credits in the Summer Semester**
- 3 credits in the Winter Semester**

# Continued Academic Probation Requirements

- 1. Develop an Academic Improvement Plan and sign an Educational Contract with a Career and Academic Advisor.**
- 2. Meet with a Career and Academic Advisor at least three times during the semester.**
- 3. Attend designated workshop-information will be provided upon availability.**

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- 6 credits each semester (Fall/Spring)
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- 3 credits in the Winter Semester





# How do I avoid Academic Probation?

Have at least a 2.0 term GPA this semester... and every semester!





# Reflections

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- **The first step in changing your academic standing is to reflect on what has held you back. Think about why your GPA isn't what it could be.**
  - Sometimes we need help in certain subjects more than others. What courses have you found difficult? Why do you think these courses were so difficult for you?
  - Is the method of instruction not working for you? For example, maybe Zoom or Online classes aren't for you. Maybe a class In-Person would be a better choice.
  - We all have busy lives, have you felt exhausted? Overwhelmed? Disorganized?
  - Sometimes "life happens" and college isn't always the primary focus. Did something happen last semester that made completing your classes challenging?



# Changing It Up

Did you identify some of the challenges you've faced when trying to be a successful student? If so, it's time to think about what you can do to make a change.

- **Be specific**
  - What exactly can you do differently? Study one more hour a day? Meet with a tutor? Have a study group with classmates?
- **Be realistic**
  - Think of your health, family and work commitments. What can you do this semester to change things up but still balance your life outside of school.
- **Take it step-by-step**
  - Don't make drastic, unrealistic changes from one day to the next. Take things step-by-step, what small change can you make today? Gradually make changes

Are you ready for change?

Change equals self  
improvement. Push yourself to  
places you haven't been before.

Pat Summitt



# Reaching Out

**AWC has many people and programs available to help you be successful!!**

- [AWC Timeline for Student Success](#)
- [Student Success Center \(tutoring\)](#)
- [Student Life](#)
- [Accessibility](#)
- [KEYS \(TRIO\) Program](#)
- [Child Development Learning Lab](#)
- [Campus Police](#)
- [College Assistance Migrant Program \(C.A.M.P.\)](#)
- [Health and Wellness](#)
- [Active Military Services](#)
- [Veteran Services](#)







**THANK YOU!**

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